

BAPTIST CHURCH
Local Church. Global Vision.

# D-GROUP TRAINER GUIDE

# **D-Groups MHBC**

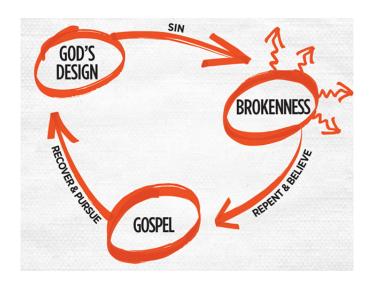
Disciple making is a command from Jesus to His followers. It is also a combination of EVANGELISM and DISCIPLESHIP.

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. <sup>19</sup> Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,
 teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." Matthew 28:18-20

We have been given a great task, but are not doing it without authority. In the Ancient Near East, kings would often send messengers/ambassadors with new decrees and laws throughout their kingdoms. These people would also carry a set of travel documents that bore the seal of the king. Why would they do this? So that their message was received as intended, and so that their messengers were not harmed as they crossed borders. Through the seal of the king, they traveled under his authority and therefore had no need to ask permission when traveling and sharing these new decrees and laws with the people. If we are "going" under the seal of Jesus, with His authority, we are to evangelize as we go. We are commanded to share the gospel in hopes of making new disciples along the way.

#### **EVANGELISM**

Many never share the gospel and those that do, all too often ask permission before sharing. They will say something like, "Can I share the gospel of Jesus Christ with you?" What do you think the response is most of the time? A solid, "NO!" I realized through the study of Matthew 28:18–20 as well as learning from colleagues in Ethiopia, Somalia, Eritrea, Europe, America, and so on that we do not have to ask permission to share the gospel with people. We already have permission from the King! He has "all authority", which He received from God the Father and passed it on to us as His messengers. This is a radical shift in thinking and it works! All you have to do is look for an opening in a conversation and say something like, "That reminds me of a story..." or "I have a story about that...", then go right into a gospel presentation. There are many tools out there for sharing the gospel and feel free to use whichever you are comfortable with. The key is to use one that is working and reproducing. One of these I find most helpful is the 3 Circles.



# The Three Circles: Gospel Presentation

# God's Design

- We see beauty, purpose, and evidence of design all around us. God made each of us with a purpose, to worship and walk with Him. The Bible tells us that God created a world that worked perfectly, where everything and everyone fit together in harmony. After being placed in the garden, Adam and Eve broke the only law God had given them and were cast out of His presence.
- "God saw all that He had made, and it was very good." Genesis 1:31

#### **Brokenness**

- Sin leads to a place of brokenness which we see all around us and in our own lives. When we realize life is not working, we begin to look for a way out. We tend to go in many directions trying different things to figure it out on our own. Brokenness leads to a place of realizing a need for something greater.
- "There is a way that seems right to a man, but its end is the way to death"
   Proverbs 14:12
- Life doesn't work when we ignore God and His original design for our lives. We selfishly insist on doing things our own way. The Bible calls this sin. We all sin and distort the original design. The consequence of sin is separation from God, in this life and for all eternity.
- "All have sinned and fall short of the glory of God" Romans 3:23
- "For the wages of sin is death" Romans 6:23

#### Gospel

- At this point we need a remedy, some good news. Because of His love, God did not leave us in our brokenness. Jesus, God in human flesh, came to us and lived perfectly according to God's design. Jesus came to rescue us, to do for us what we could not do for ourselves. He took our sin to the cross, paying the penalty of our sin by his death. Jesus was then raised from the dead to provide the only way for us to be rescued and restored to a relationship with God.
- "For God loved the world in this way: He gave His One and Only Son" John 3:16
- "He erased the certificate of debt... and has taken it out of the way by nailing it to the cross" Colossians 2:14

# Repent & Believe

- Simply hearing this Good News is not enough. We must admit our sinful brokenness and stop trusting in ourselves. We don't have the power to escape this brokenness on our own; we need to be rescued. In this, we must ask God to forgive us, turning from sin to trust only in Jesus. This is what it means to repent and believe. Believing, we receive new life through Jesus and God turns our lives in a new direction.
- "For you are saved by grace through faith, and this is not from yourself; it is God's gift, not from works, so that no one can boast" Ephesians 2:8-9
- "If you confess with your mouth, 'Jesus is Lord', and believe in your heart that God raised Him from the dead, you will be saved" Romans 10:9

#### **Recover & Pursue**

- When God restores our relationship to him, we begin to discover meaning and purpose in a broken world. Now we can pursue God's Design in all areas of our lives. Even when we fail, we understand God's pathway to be restored, this same Good News of Jesus. God's Spirit empowers us to pursue His Design and assures us of His presence in this life and for all eternity.
- "For it is God who is working in you, enabling you both to desire and to work out His good purpose" Philippians 2:13
- "For we are His creation, created in Christ Jesus for good works, which God prepared ahead of time so that we should walk in them" Ephesians 2:10

# **A Response**

Now that you have heard this Good News, God wants you to respond to him. You can talk to him using words like these:

- "My life is broken and I recognize it's because of my sin and I believe Jesus came to live, die and was raised from the dead to rescue me from my sin."
- $\bullet$  "Forgive me. I turn from my selfish ways and put my trust in you."
- "I know that Jesus is God, and I will follow Him."

## **Verses**

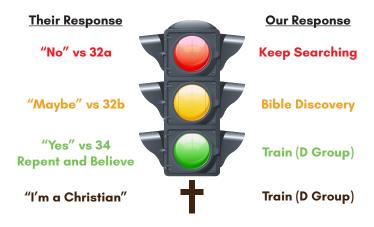
- $\bullet$  "For everyone who calls on the name of the Lord will be saved" Romans 10:13
- "If you confess with your mouth, 'Jesus is Lord', and believe in your heart that God raised Him from the dead, you will be saved" Romans 10:9

Remember to practice this method. Practice with your spouse, co-worker, other friends etc. Then practice it with people who are far from God. When you practice, use a napkin or index card so that the person you practice with can draw it with you and they have something to take away so they can practice.

Disciple making is a command from Jesus to us. It is also a combination of EVANGELISM and DISCIPLESHIP. We just covered evangelism, but what's next?

# 4 Responses To The Gospel

Acts 17:32–34, "<sup>52</sup> Now when they heard of the resurrection of the dead, some mocked. But others said, "We will hear you again about this." <sup>55</sup> So Paul went out from their midst. <sup>54</sup> But some men joined him and believed, among whom also were Dionysius the Areopagite and a woman named Damaris and others with them."



Therefore, people's responses to the gospel are either Red Light, Yellow Light, Green Light or already a believer. We must recognize this and love them as such!

#### DISCIPLESHIP

# **D-Group Formation:**

Once we find the GLP's in our segments, we pray through whom to invite to a D-Group time. The best way to approach this is, "Do you want to get together with me and a few other people and pray and study the Bible?" Not , "Can I disciple you?" Then gather together a group of 3–5 men or women, willing to meet once per week for a 12–18 month period. The D-Group meetings can be anytime and anywhere. You should plan on no less than a one hour block of time. Remember that disciple making is a crock pot recipe and not a microwave recipe! Each meeting should be structured in a 3/3's format.

#### **Outline**

The 1st 3rd "Looking Back" (15 minutes)

- Prayer
- High's and Low's of the previous week.
- Accountability
  - Scripture memory
  - Gospel sharing
  - Discipling others

The 2nd 3rd "Looking Up" (30 minutes)

- H.E.A.R. Journal
- Other resources

The 3rd 3rd "Looking Forward" (15 minutes)

- Who will you share with this week?
- Prayer

# **Description**

The "Looking Back" section is a care and share time. This is a time to really listen to others as they share exciting things and really difficult things that are going on in their lives. It may be long, it may be short, but do not rush (do not look at your watch). Be sure each person at least tries to share the memory verse. Some people are better than others at memorization but the goal is to improve and encourage. Also, make sure to ask everyone who they shared with the past week (especially if they had a specific person that they were supposed to share with).

The "Looking Up" section is worship time. This is the H.E.A.R. journal and other resources. We want to train people to spend time in the Word of God, this is the most important section and should get the most amount of time.

The "Looking Forward" section is for naming people your group members will share with in the upcoming week and praying.

A good model is 15 minutes, 30 minutes, and 15 minutes per section. However, depending on what is going on in a person's life, you may have to spend more or less time on a section. Do NOT rush prayer.

# Let's Start A D-Group!

Training in evangelism and discipleship is key to disciple making. The first meeting will be 411 and getting to know one another. The next six to ten meetings are doing H.E.A.R. journals on "What a Baby Needs" (a baby Christian...a new disciple...that may not be a new believer) or The Commands of Christ using The SWORD Method.

Start with the end in mind. Be sure that the members know you expect them to start D-Groups towards the end of your 12-18 month time together. Therefore, they are learning so that they can grow closer to Jesus personally but also train others to train others (2 Timothy 2:2).

# After This...Now What?

Once the foundation is laid for the new disciple, we move them into the F260 Bible reading plan using the same process. We recommend using either the HEAR or SWORD method. The new disciple is now comfortable with doing one H.E.A.R. journal per week and will now be challenged to do more. The goal is five journals in one seven day period.

# What A Baby Needs (appendix 1)

- 1. 411 See resources section
- 2. A "Baby Needs New Life" -- Acts 2:37-47
- 3. A "Baby Needs Breath" (Prayer)--Matthew 6:7-15
- 4. A "Baby Needs to Eat" (Abide)--John 15:1-11
- 5. A "Baby Needs a Family" (Groups/Church)--Acts 2
- 6. A "Baby Needs to Grow and Go"--2 Timothy 2-3
- 7. "The Cost of Discipleship" -- Luke 14:25-33

# **H.E.A.R. JOURNAL** (appendix 2)

- 1. Highlight a Verse from the Passage
  - Name of the book
  - Passage of Scripture
  - Chapter and verses that especially speak to me
  - A title to describe the passage
- 2. Explain the Verse/Passage
  - Why was this written?
  - To whom was it originally written?
  - How does it fit with the verses before and after it?
  - Why did the Holy Spirit include the passage in the book?
  - What is He intending to communicate through this text?
- 3. Apply the Word of God
  - What does this teach me about God?
  - Is there a promise to claim in this passage? If so, explain.
  - Is there and action or attitude to avoid or embrace? If so, explain.
  - Is there a principle to apply? If so, explain.
  - How does this passage point me to Christ?
- Response
  - Write out a Prayer of Response
  - What am I going to do?

# The "Sword" Bible Study Method (appendix 3)

Hebrews 4:12 says, "For the Word of God is living and active. Sharper than any double- edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

This picture of a sword helps us to teach any passage of the Bible. When we think of a sword we think of four parts of the sword and six questions we need to ask.

The tip points up to the heavens: What do we learn about God? Jesus? Holy Spirit?

The handle is held by people: What do we learn about people?

Use the acronym "SPEC" to help remember 4 questions on the blades:

## Left Blade:

Is there a sin to avoid? (S)
Is there a promise to believe? (P)

# Right Blade:

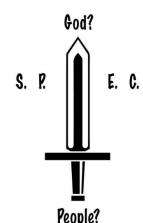
Is there an example to follow? (E) Is there a command to obey? (C)

#### Instructions:

During the "Look Up" part of the 3/3's meeting, you can tell the Bible story, then read the story from the Bible. After telling and reading the story, first pray and ask the Holy Spirit to teach everyone how to understand and obey this passage (John 14:26). Next, ask these questions one at a time. The questions are open for anyone to answer from the Bible. As people answer from scripture, the Holy Spirit will teach everyone how to understand and obey God and His Word.

# Facilitator Tips:

- Keep group focused on the passage you are studying for the week
- Ask for "verse reference" when a person gives an answer
- 70/30 rule disciples should be talking 70% of time, facilitator 30% of time
- There is no need to preach, We want to give new disciples a simple model to reproduce
- Don't be afraid of "awkward silence"



# Command of Christ #1 - Repent & Believe



#### << Look Back

Care for each other by giving a brief life update & explain loving accountability: "Each week we will set measurable goals pertaining to the lesson: Obeying Jesus, Abiding in Jesus, Sharing the Gospel, and Training others."

# Look Up^^

Read Acts 2:36-47: "Did the people in this first church repent and believe?"

Read The Command: In Mark 1:15, Jesus says...

Tell The Story: The Sinful Woman from Luke 7:36-50

Retell the story together from Luke 7:36-50

Read the story aloud from Luke 7:36-50

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Luke 7:36–50) and reveal its meaning for our lives.

<u>Practice</u> retelling the story

# Explore More:

1. What does "Repent" mean? (Acts 3:19) Repent means to "turn" from our sin.

2. What do we "Believe?" (Mark 1:15, Romans 10:9)

We believe the Gospel, that Jesus rose from the dead.

- 3. Why should we repent? (Romans 3:23; 6:23)
- 4. Who should repent? (Acts 2:38-41)

Everyone must repent for forgiveness.

5. What is assurance?

1 John 1:9 - When we confess our sins, He is faithful to forgive and cleanse us. John 10:28 - Nothing can take away our salvation.

## Look Forward >>

#### Set Goals

- Obey: Confess your sins before the Lord. Turn from them and live a new life in lesus.
- Abide: Begin reading 2-4 chapters a day in Mark, and pray daily
- Share: "Who from your oikos map will you share the gospel with this week?" (Practice sharing your "15 second story and the 3-Circles gospel tool)

<u>Pray:</u> "Jesus I want to leave my old life of sin and follow You. I believe in You, become my Lord."



# Command of Christ #2 - Be Baptized



#### << Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47: "Were the people in the first church baptized?"

Read the Command: In Matthew 28:19, Jesus says...

<u>Tell the Story</u> of Phillip and the New Believer from Acts 8:26-39

Retell the story together.

Read the story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Acts 8:26-39) and reveal its meaning for our lives.

<u>Practice</u> retelling the story

# **Explore More:**

1. What is "Baptism"? (Romans 6:3-4)

Baptism is a symbol of our life, death and resurrection.

It also means that we have died to our old life and been raised to a new life with Jesus.

2. Why and How should we be baptized? (Matthew 3:13-16) Jesus received baptism by being immersed in water, so should we. Receiving baptism means we have identified Jesus as our Lord.

3. Who should be baptized? (Acts 2:38)

Everyone who repents and believes.

# Look Forward >>

#### Set Goals:

- Obey: Obey Jesus through baptism
- Abide: Begin reading 2-4 chapters a day in Luke, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> "Lord give me the strength to identify my life with you through the symbol of baptism."

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People?

# Command of Christ #3 - Pray



Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47: "Did the people in the first church pray?"

Read the Command: in Matthew 6: 9-13, Jesus says...

Tell the story: Jesus teaches about Prayer in Matthew 6: 5-15

Retell the story together.

Read the story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Matthew 6:5-15) and reveal its meaning for our lives.

<u>Practice</u> retelling the story

#### Explore More:

1. Why do we pray? (Matthew 6:9-13)

God hears us. We desire His will to be done on earth.

2. How do we pray?

By simply talking with God.

"Our Father..." = God is your heavenly father

"Hallowed be your name..." = Ask for God to glorify himself through your life

"Your kingdom come, Your will be done..." = Surrender to God's kingdom and will being done in and through your life

"Give us today our daily bread..." = Ask for your needs

"Forgive us our debts..." = Ask for forgiveness of any sin, and forgive others

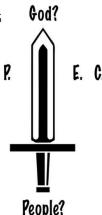
"Deliver us from the evil one..." = Pray for the deliverance when you face temptation

#### Look Forward>>

#### Set Goals

- Obey: Make a commitment to pray daily for a certain amount of time. Pray for the lost and more laborers! (Luke 10:2)
- Abide in Christ: Continue reading 2-4 chapters a day in Luke, and pray daily)
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

Pray: "Lord, teach us to pray. Give us pure motives. May your will be done in us."



# Command of Christ #4 - Go...Make Disciples



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47: "Was the first church making disciples?"
Read the Command: In Matthew 28:19-20, Jesus says...
Tell the Story: The Samaritan Woman from John 4:4-42
Retell the story together.

Read the story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (John 4:4-42) and reveal its meaning for our lives.

Practice retelling the story or 3-Circles

# **Explore More:**

1. Who should we share with? (John 4:16, 28)

Our families, friends, neighbors and city

2. What should we say? (John 4:29)

The woman shared her story and Jesus' story (the gospel)

3. Who is qualified to go? (John 4)

The Samaritan woman was! Every believer.

4. How should we go? (Luke 10:1-11)

In groups of 2 or 3 throughout our neighborhood and city: 1) praying, 2) sharing, and 3) looking for "Persons of Peace" to disciple in the very same things we are learning here.

#### Look Forward>>

#### Set Goals:

- Obey: Commit make disciples by praying for people far from God, sharing the gospel & training those who believe.
- Abide: Begin reading 2-4 chapters a day in John, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Pray:</u> "Lord, make me bold to share what You have done in my life. Give me Your Words to share in my community.



People?

#### Command of Christ #5 - Persevere



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 4:18-31: "Did the first church persevere through opposition?"

Read the Command: In Matthew 10:22, Jesus says...

<u>Tell the Story:</u> The persecuted believers from Acts 5:27-42

Retell the story together.

Read the story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Acts 5:27–42) and reveal its meaning for our lives.

<u>Practice</u> retelling the story or the 3-Circles



1. Who will be persecuted? (Matthew 10:16-33) Every disciple of Jesus can expect persecution.

2. What is our hope amidst persecution?

2 Corinthians 4:5-18 - Our eternity is secure in Heaven.

Hebrews 12:1-2 - Fixing our eyes on Jesus, who faced persecution for us.

3. How can we persevere when persecuted?

Matthew 5:11-12 - Don't fear, but rejoice!

Matthew 24:13-14 - Keep proclaiming the Gospel until the end!

#### Look Forward>>

#### Set Goals:

- Obey: Commit to rely on Jesus and persevere through hard times when they come.
- Abide: Continue reading 2-4 chapters a day in John, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> "Lord, should I ever have the privilege to be persecuted for you, please give me boldness to persevere by forgiving, loving and sharing your good news with those who persecute me."

#### Command of Christ #6 - Love



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47: "Did the first church love one another?"
Read the Command: In Matthew 22:37-39, Jesus says...
Tell the Story: The Good Samaritan from Luke 10:25-37
Retell the story together.

Read the story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Luke 10:25–37) and reveal its meaning for our lives.

Practice retelling the story or the 3-Circles

# **Explore More:**

- 1. What is "love"? (John 15:13 and 1 Corinthians 13)
- 2. Why do we Love? ( John 13:34-45)

Because Jesus loved us first. Love teaches the world about Jesus.

3. Who do we love? (Matthew 22:37-39)

First we need to love God, then we need to love our neighbors.

4. How do we love?

John 14:15 - Loving Jesus means we obey Him.

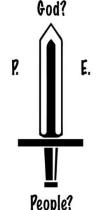
John 21:17- Loving others means telling them what God has done for you.

#### Look Forward>>

#### Set Goals:

- Obey: Take time each day to intentionally show love by helping your family, friends, or neighbors. Reconcile with anyone you have not shown love to OR anyone you may be holding bitterness towards.
- Abide: Begin reading 2-4 chapters a day in Matthew, and pray daily
- Share: "Who from your oikos map will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> "Lord, help me to love you by obeying you. Lord, help me to love others so that they might learn that you love them also."



# Command of Christ #7 - Lord's Supper



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper Share #NoPlaceLeft Vision for your city

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

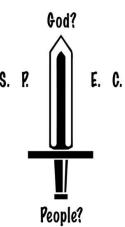
# Look Up^^

<u>Read Acts 2:36-47:</u> "Did the first church take the Lord's Supper?"

Read the Command: In Matthew 26:26-28, Jesus says...

<u>Tell the Story:</u> Jesus' Last Supper from Luke 22:7-20 <u>Retell the Story together.</u> Read the Story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Luke 22:7-20) and reveal its meaning for our lives.



Practice retelling the story or 3-Circles

# Explore More:

1. What is the Lord's Supper? (1 Corinthians 11:26)

A symbol of the Lord's death

2. Why do we eat the Lord's Supper? (1 Corinthians 11:26)

His body was broken and His blood was spilt.

3. How do we receive the Lord's Supper? (1 Corinthians 11:27-29)

We must examine ourselves, confess our sins to God and remember Jesus died to give us forgiveness.

4. Who should receive the Lord's Supper? (Acts 2:42, 1 Corinthians 11:27-29) Baptized disciples devoted to Jesus.

#### Look Forward>>

#### Set Goals:

- Obey: Celebrate the Lord's supper together with believers
- Abide: Continue reading 2-4 chapters a day in Matthew, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> "Lord, show me the sins I have committed. Forgive them. Thank you for giving your body and blood for me."

#### Command of Christ #8 - Give



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper, share #NoPlaceLeft Vision for your city

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47: "Did the first church give?"

Read the Command: In Matthew 6:1-4, Jesus says...

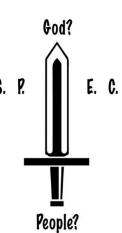
Tell the Story: The Widow Gives from Mark 12:41-44

Retell the Story together.

Read the Story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Mark 12:41–44) and reveal its meaning for our lives.

<u>Practice</u> retelling the story or the 3-Circles



#### Explore More:

- 1. What should we give to God?
- Our money, time and our lives.
- 2. Why should we give to God? (2 Corinthians 9:6-7)

Give generously, and we will receive generously. God loves a cheerful giver.

- 3. How do we give to God? (2 Corinthians 9:7, Matthew 6:1-4) Cheerfully, not under compulsion; secretly, not for recognition.
- 4. Who do we give to?

Acts 4:34-35 - The church gave to all who had need.

2 Corinthians 9 - A collection was given to a church.

#### Look Forward>>

#### Set Goals:

- Obey: Make measurable goals for giving of your time & money weekly to the church.
- Abide: Begin reading 2-4 chapters a day in Acts, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> "Lord, everything I have is Yours. Teach me to give. Show me needs that I can help with my time and money."

#### Command of Christ #9 - Gather



#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper, Giving, share #NoPlaceLeft Vision for your city

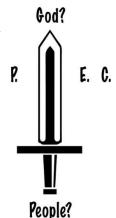
Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

#### Look Up^^

Read Acts 2:36-47: "Did the first church gather regularly?"
Read the Command: In Hebrews 10:24-25, Jesus says...
Tell the Story: The first church from Acts 2:36-47
Retell the Story together.
Read the Story aloud.

<u>Discover:</u> Pray then use the Sword Bible Study method to discuss the story (Acts 2:36–47) and reveal its meaning for our lives.

<u>Practice:</u> Use the church circle tool and page 16 to explore more.



# Explore More:

1. Who is the church? (Acts 2:41)

Baptized believers in Jesus

2. What does a church gathering do? (Acts 2:36-41)

A healthy church should be obeying all the commands of Christ.

3. When does a church gather? (Acts 2:46, Hebrews 10:24-25) The church gathers regularly.

4. Where does a church gather? (Acts 2:46, 5:42, 17:5–7, 18:7, 19:9, 20:20; Romans 16:1–5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1–2)

Homes were the primary and most cost effective place the church gathered.

5. Why does the church gather? (1 Corinthians 10:31, Hebrews 10:24-25)

To Glorify God, encourage, and hold one another accountable.

#### Look Forward>>

#### Set Goals:

- Obey: Commit to becoming (or joining) a local church. Appoint faithful leaders (Titus 1:5-9)
- Abide: Begin reading 2-4 chapters a day in Acts, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?"

<u>Prayer:</u> "Lord, we are your church! Please enable us to advance your kingdom mission from this city to the nations for your Glory."

# Command of Christ #10 - Begin long-term discipleship

#### <<Look Back

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper, Giving, share #NoPlaceLeft Vision for your city

Loving Accountability - "Last week how did you...Obey, Abide, Share, Train?"

# Look Up^^

Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

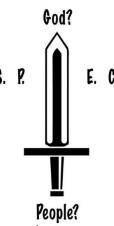
- Use this church circle tool to diagnose the health of your church and what must take place to bring all the functions "inside the circle"
- If your gathering has decided to become a church itself, write up a covenant based on your beliefs and commitments, agree upon it together, and give your church a name.

Read the Scripture aloud: Mark 1:1-8

<u>Read</u> the Scripture to yourself several times: Mark 1:1-8 Discover: Pray then use the Sword Bible Study method

to discuss the scripture passage and reveal its meaning for our lives.

Practice retelling 3-Circles, 15-second testimony, or one of the previous 9 stories



#### Look Forward>>

#### Set Goals:

- Obey: Commit to long term discipleship using the 3/3s format. We suggest you follow the Mark schedule in this booklet for "look up" portion.
- Abide: Continue reading 2-4 chapters a day in Acts, and pray daily
- Share: "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

<u>Prayer:</u> Pray as the Lord directs you too, but remember to continue praying for boldness and wisdom to share the Gospel and make disciples. Also continue praying for all those who are far from God on your relationship map. Pray for 4th generation disciples and churches. Pray for Laborers. Pray God would accomplish His mission in and through your gathering until there is #NoPlaceLeft and Christ returns.

# F260 BIBLE READING PLAN

#### A BIBLE READING PLAN FOR BUSY BELIEVERS

#### WEEK 1

Genesis 1-2 Genesis 3-4 Genesis 6-7 Genesis 8-9 Job 1-2

Memory Verses: Genesis 1:27 Hebrews 11:7

#### WEEK 2

Job 38-39 Job 40-42 Genesis 11-12 Genesis 15 Genesis 16-17

Memory Verses: Hebrews 11:6 Hebrews 11:8-10

#### WEEK 3

Genesis 18-19 Genesis 20-21 Genesis 22 Genesis 24 Genesis 25:19-34, 26

Memory Verses: Romans 4:20-22 Hebrews 11:17-19

#### WEEK 4

Genesis 27-28 Genesis 29-30:24 Genesis 31-32 Genesis 33, 35 Genesis 37

Memory Verses: 2 Corinthians 10:12 1 John 3:18

#### WEEK 5

Genesis 39-40 Genesis 41 Genesis 42-43 Genesis 44-45 Genesis 46-47

Memory Verses: Romans 8:28-30 Ephesians 3:20-21

#### WEEK 6

Exodus 6-7

Genesis 48-49 Genesis 50 - Exodus 1 Exodus 2-3 Exodus 4-5

Memory Verses: Genesis 50:20 Hebrews 11:24-26

#### WEEK 7

Exodus 8-9 Exodus 10-11 Exodus 12 Exodus 13:17-14 Exodus 16-17

Memory Verses: John 1:29 Hebrews 9:22

#### WEEK 8

Exodus 19-20 Exodus 24-25 Exodus 26-27 Exodus 28-29 Exodus 30-31 Memory Verses:

Exodus 20:1-3 Galatians 5:14

#### WEEK 9

Exodus 32-33 Exodus 34-36:1 Exodus 40 Leviticus 8-9 Leviticus 16-17

Memory Verses: Exodus 33:16 Matthew 22:37-39

#### **WEEK 10**

Leviticus 23 Leviticus 26 Numbers 11-12 Numbers 13-14 Numbers 16-17

Memory Verses: Leviticus 26:13 Deuteronomy 31:7-8

#### **WEEK 11**

Numbers 20, 27:12-23 Numbers 34-35 Deuteronomy 1-2 Deuteronomy 3-4 Deuteronomy 6-7

Memory Verses: Deuteronomy 4:7 Deuteronomy 6:4-9

#### **WEEK 12**

Deuteronomy 8-9 Deuteronomy 30-31 Deuteronomy 32:48-52, 34 Joshua 1-2

Joshua 1-2 Joshua 3-4

Memory Verses: Joshua 1:8-9 Psalm 1:1-2

#### **WEEK 13**

Joshua 5:10-15, 6 Joshua 7-8 Joshua 23-24 Judges 2-3 Judges 4

Memory Verses: Joshua 24:14-15 Judges 2:12

#### **WEEK 14**

Judges 6-7 Judges 13-14 Judges 15-16 Ruth 1-2 Ruth 3-4

Memory Verses: Psalm 19:14 Galatians 4:4-5

#### **WEEK 15**

1 Samuel 1-2 1 Samuel 3, 8 1 Samuel 9-10 1 Samuel 13-14 1 Samuel 15-16

Memory Verses: 1 Samuel 15:22 1 Samuel 16:7

#### **WEEK 16**

1 Samuel 17-18 1 Samuel 19-20 1 Samuel 21-22 Psalm 22, 1 Samuel 24-25:1 1 Samuel 28; 31

Memory Verses: 1 Samuel 17:46-47 2 Timothy 4:17a

#### **WEEK 17**

2 Samuel 1, 2:1-7 2 Samuel 3:1, 5, Psalm 23 2 Samuel 6-7 Psalm 18, 2 Samuel 9 2 Samuel 11-12

Memory Verses: Psalm 23:1-3 Psalm 51:10-13

#### **WEEK 18**

Psalm 51 2 Samuel 24, Psalm 24 Psalms 1, 19 Psalms 103, 119:1-48 Psalms 119:49-128

Memory Verses: Psalm 1:1-7 Psalm 119:7-11

#### **WEEK 19**

Psalms 119:129-176, 139 Psalms 148-150 1 Kings 2 1 Kings 3, 6 1 Kings 8, 9:1-9

Memory Verses: Psalm 139:1-3 Psalm 139:15-16

#### **WEEK 20**

Proverbs 1-2 Proverbs 3-4 Proverbs 16-18 Proverbs 31 1 Kings 11-12

Memory Verses: Proverbs 1:7 Proverbs 3:5-6

#### **WEEK 21**

1 Kings 16:29-34, 17 1 Kings 18-19 1 Kings 21-22 2 Kings 2 2 Kings 5, 6:1-23

Memory Verses: Psalm 17:15 Psalm 63:1

#### **WEEK 22**

Jonah 1-2 Jonah 3-4 Hosea 1-3 Amos 1:1, 9 Joel 1-3

Memory Verses: Psalm 16:11 John 11:25-26

#### **WEEK 23**

Isaiah 6, 9 Isaiah 44-45 Isaiah 52-53 Isaiah 65-66 Micah 1, 4:6-13, 5

Memory Verses: Isaiah 53:5-6 1 Peter 2:23-24

#### **WEEK 24**

2 Kings 17-18 2 Kings 19-21 2 Kings 22-23 Jeremiah 1-3:5 Jeremiah 25, 29

Memory Verses: Proverbs 29:18 Jeremiah 1:15

#### **WEEK 25**

Jeremiah 31:31-40, 32-33 Jeremiah 52, 2 Kings 24-25 Ezekiel 1:1-3, 36:16-38, 37 Daniel 1-2 Daniel 3-4

Memory Verses: Ezekiel 36:26-27 Daniel 4:35

#### **WEEK 26**

Daniel 5-6 Daniel 9-10, 12 Ezra 1-2 Ezra 3-4 Ezra 5-6

Memory Verses: Daniel 6:26-27 Daniel 9:19

#### **WEEK 27**

Esther 3-4

Zechariah 1:1-6, 2, 12 Ezra 7-8 Ezra 9-10 Esther 1-2

Memory Verses: Zephaniah 3:17 1 Peter 3:15

#### **WEEK 28**

Esther 5-7 Esther 8-10 Nehemiah 1-2 Nehemiah 3-4 Nehemiah 5-6

Memory Verses: Deuteronomy 29:29 Psalm 101:3-4

#### **WEEK 29**

Nehemiah 7-8 Nehemiah 9 Nehemiah 10 Nehemiah 11 Nehemiah 12

Memory Verses: Nehemiah 6:9 Nehemiah 9:6

#### **WEEK 30**

Nehemiah 13 Malachi 1 Malachi 2 Malachi 3 Malachi 4

Memory Verses: Psalm 51:17 Colossians 1:19-20

#### **WEEK 31**

Luke 1 Luke 2 Matthew 1-2 Mark 1 John 1

Memory Verses: John 1:1-2 John 1:14

#### **WEEK 32**

Matthew 3-4 Matthew 5 Matthew 6 Matthew 7 Matthew 8

Memory Verses: Matthew 5:16 Matthew 6:33

#### **WEEK 33**

Luke 9:10-62 Mark 9-10 Luke 12 John 3-4 Luke 14

Memory Verses: Luke 14:26-27 Luke 14:33

#### **WEEK 34**

John 6 Matthew 19:16-30 Luke 15-16 Luke 17:11-37, 18 Mark 10

Memory Verses: Mark 10:45 John 6:37

#### **WEEK 35**

John 11, Matthew 21:1-13 John 13 John 14-15 John 16 Matthew 24:1-31 Memory Verse: John 13:34-35 John 15:4-5

#### **WEEK 36**

Matthew 24:32-51 John 17 Matthew 26:35-27:31 Matthew 27:32-66, Luke 23:26-56 John 19

Memory Verses: Luke 23:34 John 17:3

#### **WEEK 37**

Mark 16 Luke 24 John 20-21 Matthew 28 Acts 1

Memory Verses: Matthew 28:18-20 Acts 1:8

#### **WEEK 38**

Acts 2-3 Acts 4-5 Acts 6 Acts 7 Acts 8-9

Memory Verse: Acts 2:42 Acts 4:31

#### **WEEK 39**

Acts 10-11 Acts 12 Acts 13-14 James 1-2 James 3-5

Memory Verses: James 1:2-4 James 2:17

#### **WEEK 40**

Acts 15-16 Galatians 1-3 Galatians 4-6 Acts 17-18:17 1 Thessalonians 1-2

Memory Verses: Acts 17:11 Acts 17:24-25

#### **WEEK 41**

1 Thessalonians 3-5 2 Thessalonians 1-3 Acts 18:18-28, 19 1 Corinthians 1-2 1 Corinthians 3-4

Memory Verses: 1 Corinthians 1:18 1 Thessalonians 5:23-24

#### **WEEK 42**

1 Corinthians 5-6 1 Corinthians 7-8 1 Corinthians 9-10 1 Corinthians 11-12 1 Corinthians 13-14

Memory Verses: 1 Corinthians 10:13 1 Corinthians 13:13

#### **WEEK 43**

1 Corinthians 15-16 2 Corinthians 1-2 2 Corinthians 3-4 2 Corinthians 5-6 2 Corinthians 7-8

Memory Verses: Romans 1:16-17 1 Corinthians 15:3-4

#### **WEEK 44**

2 Corinthians 9-10 2 Corinthians 11-13 Romans 1-2, Acts 20:1-3 Romans 3-4 Romans 5-6

Memory Verses: Romans 5:1 2 Corinthians 10:4

#### **WEEK 45**

Romans 7-8 Romans 9-10 Romans 11-12 Romans 13-14 Romans 15-16

Memory Verses: Romans 8:1 Romans 12:1-2

#### **WEEK 46**

Acts 20-21 Acts 22-23 Acts 24-25 Acts 26-27 Acts 28

Memory Verses: Acts 20:24 2 Corinthians 4:7-10

#### **WEEK 47**

Colossians 1-2 Colossians 3-4 Ephesians 1-2 Ephesians 3-4 Ephesians 5-6

Memory Verses: Ephesians 2:8-10 Colossians 2:6-7

#### **WEEK 48**

Philippians 1-2 Philippians 3-4 Hebrews 1-2 Hebrews 3-4 Hebrews 5-6 Memory Verses: Philippians 3:7-8 Hebrews 4:14-16

#### **WEEK 49**

Hebrews 7 Hebrews 8-9 Hebrews 10 Hebrews 11 Hebrews 12

Memory Verses: Galatians 2:19-20 2 Corinthians 5:17

#### **WEEK 50**

1 Timothy 1-3 1 Timothy 4-6 2 Timothy 1-2 2 Timothy 3-4 1 Peter 1-2

Memory Verses: 2 Timothy 2:1-2 2 Timothy 2:15

#### **WEEK 51**

1 Peter 3-4 1 Peter 5, 2 Peter 1 2 Peter 2-3 1 John 1-3 1 John 4-5

Memory Verses: 1 Peter 2:11 1 John 4:10-11

#### **WEEK 52**

Revelation 1 Revelation 2-3 Revelation 4-5 Revelation 18-19 Revelation 20-22

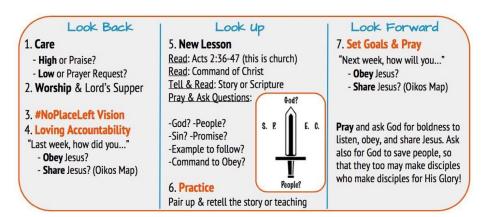
Memory Verses: Revelation 3:19 Revelation 21:3-4

# **Discipleship Meeting Format (3/3's)** (appendix 5)

"Teach them to obey my commands" - Jesus in Matthew 28:20

This is what we has come to be known as the 3/3's process. This is the basic format, which this manual has been using on each Command of Christ. It is basically a group meeting format in which you and your disciples can facilitate a group or church with the most intentionality. The meeting is divided into 3 parts: Look Back, Look Up, Look Forward. If you have about 90 minutes of time, each part can be given about 30 minutes.

But when you are cut short for time don't skip the orange parts...these are essential to multiplication.



This discipleship format (known as T4T or the 3/3's process) has been field-tested all over the world in most contexts and provides what is necessary to prompt Gospel-based obedience discipleship which can multiply healthy disciples, groups and churches. When you gather with your disciples, commit to using the following "three-thirds" format.\*

<sup>\*</sup>The T4T "three-thirds" or "3/3's" format created by Ying & Grace Kai.

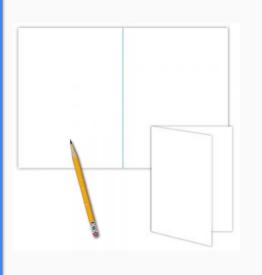


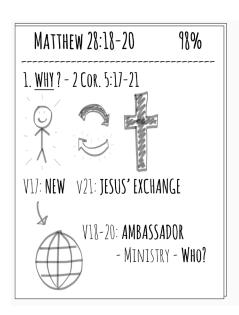
# **411 Disciple Making Training**

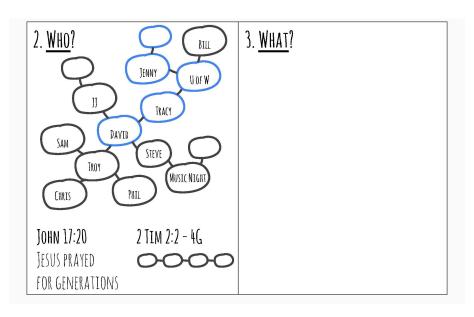
(Answers 4 Questions on 1 piece of paper in 1 hour)

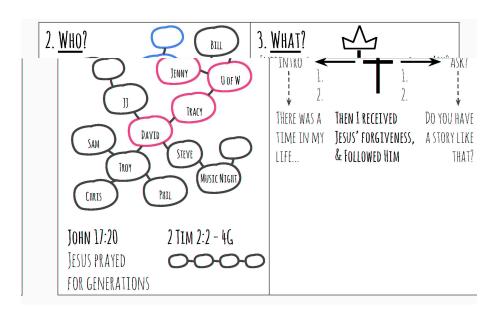
# Materials Needed

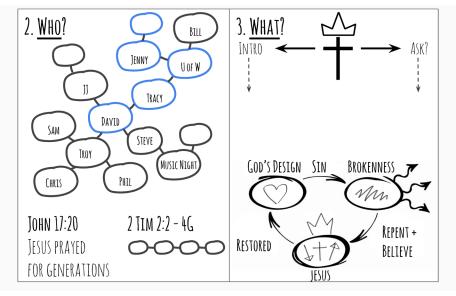
- 1 sheet of paper (folded)
- 1 pen or pencil
- Training Buddy











- 1. What circle do you see yourself in?
- 2. What is keeping you from having a relationship/peace with God?
- 3. Do you want to make that decision today, and if so, can I pray with you?

4. <u>When</u> ? - Matthew 28:18-20				
CALL TO DIE				
│ CALENDAR │				
- PRAY DAILY:				
	TIME			
- FAST WEEKLY:				
	MEAL(S)			
- SHARE GOSPEL:				
THIS WEEK	NAME(S)			
	MAINIL(J)			
- TRAIN BELIEVER:				
IN 411 THIS WEEK	Name(s)			
	3.2			

# **Reading List** (appendix 7)

The Lost Art of Disciple Making – LeRoy Eims
Knowing God – J.I. Packer
The Pursuit of God – A.W. Tozer
Any Three – Mike Shipman
Multiply – Francis Chan

T4T A Discipleship Re-Revolution - Steve Smith and Ying Kai Bonhoeffer's the Cost of Discipleship - Rodney Combs A Life of Obedience - Andrew Murray Gospel - J.D. Greear

Weird Because Normal Isn't Working - Craig Groeschel The Christian Atheist - Craig Groeschel Spiritual Disciplines for the Christian Life - Donald S. Whitney

Evangelism and the Sovereignty of God - J.I. Packer Getting the Gospel Right - R.C. Sproul

Teaching Truth, Training Hearts - Thomas J. Nettles with Steve Weaver
Conversion: How God Creates a People (9Marks series) - Michael Lawrence
Missions: How the Local Church Goes Global (9Marks series) - Andy Johnson
Church Membership: How the World Knows Who Represents Jesus (9Marks series)
- Jonathan Leeman

What is the Gospel? - Greg Gilbert
Understanding Baptism - Bobby Jamieson
Understanding the Lord's Supper - Bobby Jamieson
Understanding Church Leadership - Mark Dever
Is God anti-gay? - Sam Allberry
The Whole Christ - Sinclair B. Ferguson
Rediscovering Discipleship - Robby Gallaty
Growing Up - Robby Gallaty
Firmly Planted - Robby Gallaty
Bearing Fruit - Robby Gallaty

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